

FOR MOMS ONLY

ONE NIGHT SEMINAR BY CINDY BOTTI

Wednesday, December 9th
from 7 - 9 p.m.

Xenos Main Campus:
Office Auditorium
(1340 Community Park Drive)



Our topic for this one night workshop is, "Nurture vs Enabling". As moms, we want to bond and connect with our kids. Nurture is fundamental in raising kids with healthy self-esteem. However, when does nurture turn into unhealthy enabling? Many of us struggle to find balance in this difficult area. Let's explore the importance moms have in this key area and look into practical ways we can be effective in nurturing our kids. This seminar is for moms of infants through early teens.

- ❖ Light desserts, coffee and pop provided.
- ❖ Hang around afterwards for fellowship, light snacks, and further discussions—byob.

Register by 12/7, then pay \$10 at the door
To register: go to www.xenos.org/classes/register
or call 823-6510 and choose option 4
or email registrar@xenos.org

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