



GriefShare is a special seminar and support group for people grieving the loss of someone close. Each session, led by John Montgomery, includes a video seminar and group discussion. The videos feature top experts on grief recovery, dramatic reenactments about living with grief and real-life stories of people who have experienced losses. During the small group discussion time, you'll have the opportunity to interact with others who have experienced a recent loss, learn about their experiences, and share your own.

Monday nights, 6:30 – 8:30 p.m.

September 13 – November 8

Xenos Office Auditorium: 1340 Community Park Dr.

\$15 (pay at the door)

To register:

go to www.xenos.org/classes/register

or call the registrar at 823-6510 ext. 184

or email registrar@xenos.org

Please feel free to bring a friend for support.



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